



**SHOWERS
of
BLESSINGS**
SPIRIT OF EXCELLENCE

Superintendent Darnell Thomas, Pastor
3836 48th Avenue, Sacramento, California 95823
(916) 391-9833 - www.showersofblessingscogic.org

"Praise Him with the Trimbrel and Dance" Psalms 150:4

Praise In Motion

Adult Praise Dance Ministry

Ages 18+

**Tuesdays & Thursdays
6:30 p.m. to 8:00 p.m.**

**All rehearsals are held at the
Showers of Blessings Executive Plaza
7100 Bowling Drive**

For more information, please see Sister Tina Scurry, President.

